

## GOOD DAY! I ANNOUNCE RECRUITMENT FOR FITNESS GROUPS, Services other, Bat Yam



### Seller Info

Name:	Best in ILS
Company	Best in ILS
Name:	
About company:	Наша компания работает на Израильском рынке 5 лет.
Website:	
Phone:	+XX (XXX) XXX-XXXX
Address:	Haifa

### Listing details

#### Description:

GOOD DAY! I AM ANNOUNCING RECRUITMENT FOR FITNESS GROUPS. Everyone is welcome, regardless of age and preparation. Sign up for a FREE trial lesson and after just a few lessons you will see the results. There are 2 places in the evening and morning group. I create for you not only a personal training program, but also guide you through nutrition depending on your goals and desires, and create a personal nutrition plan for you. You can look at the results of my work with my clients. There is a photo under the ad, there is also a video of the lessons, how they take place, where, and so on. For all other questions, write only to WhatsApp. 0523717470.

\*\*\*\*\*I OFFER YOU THE SUCH TRAININGS AS\*\*\*\*\*

\*\*CARDIO TRAINING\*\*STRENGTH TRAINING\*\*

\*\*\*TRX-("tiarex")-LOOP TRAININGS

\*\*\*PILATES\*\*POWER PILACTES\*\*\*

\*\*\*GYMNASTICS FOR THE OLDER GENERATION

\*\*\*Do you want to get a beautiful and slim body? But don't know where to take care of yourself?

\*\*\*Do you dream of losing weight by summer in a short time?

\*\*\*Do you want to pump up and always be in good shape?

\*\*\*If going to the gym seems difficult and stressful to you, it is better to start training with a trainer to avoid anxiety, choose the most suitable workout and nutrition plan for yourself. As a personal trainer, I will help you start working out and improve your body and health without stress. Previous experience is not required, the main thing is desire. With me, you are guaranteed to get the body you have been dreaming of for so long in 3 months. There will be no trace left of your excess weight. You will exercise in a circle of girls just like you. You can work out individually, or together with a friend, with your spouse, etc. I am a certified personal fitness and dance trainer, as well as a nutrition specialist. Classes are held in an equipped room. For you, I develop individual training programs, as well as a nutrition plan

tailored just for you, taking into account your desired results, goals and wishes. I guarantee individual approach and attention to each of you. I am an experienced trainer and will help you get your body in shape. Classes are available both in groups and individual lessons. Small groups, maximum 4 people.  
**SIGN UP FOR A FREE TRIAL LESSON NOW**

## Common

Phone: (XXX) XXX-XXXX  
Posted: Aug 06, 2024

## Location

Israeli district: Tel Aviv District  
City: Bat Yam

